Course Outline for: NURS 1070 Foundations of Health Assessment Clinical 1

A.   Course Description
1. Number of credits: 1
2. Lab hours per week: 1
   Clinical hours per week: 1.5
3. Prerequisites: Acceptance into the nursing program
4. Corequisites: NURS 1000 Role of the Professional Nurse
                        NURS 1050 Foundations of Health Assessment
5. MnTC Goals: None

This course introduces the student to experiential learning in the role of the nurse that enables the student to apply the components of therapeutic communication and basic assessment skills across the lifespan. Students will also learn to use technology appropriately within various information and computer applications designed for documentation of data. Dosage calculation will be introduced.

B.   Date last reviewed/updated: November 2023

C.   Outline of Major Content Areas
1. Professional Integrity
   A. Attributes and Roles of a Nurse
      i.   Professionalism
      ii.   Clinical Judgment
   B. Care Competencies
      i.   Holistic Nursing Process/Person-centered Care
      ii.   Communication
      iii. Informatics
      iv.   Evidence-based/Evidence-informed Practice
2. Physiological Integrity
   A. Regulation
      i.   Thermoregulation
      ii.   Intracranial Regulation
      iii. Elimination
      iv.   Oxygenation
      v.   Perfusion
   B. Protection and Movement
      i.   Tissue Integrity
      ii.   Comfort
      iii. Mobility

D.   Course Learning Outcomes
Upon successful completion of the course, the student will be able to:

1. Demonstrate an awareness of the role of the professional nurse in the systematic process of health assessment as a provider of holistic person-centered care.
2. Apply concepts and principles necessary for the performance of a comprehensive health assessment.
3. Demonstrate competency in the performance of selected professional nursing skills.
4. Document health assessment data to support decision-making processes for safe care.
5. Demonstrate calculation of dosages required for safe medication administration utilizing math operations and the provider's order.

E.   **Methods for Assessing Student Learning**
Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F.   **Special Information**
Refer to nursing student handbook for additional details.